

## **Ascorbyl palmitate POWDER B001**

### **Description**

**Product number B001 - Ascorbyl palmitate 150 grams of powder**

Ascorbyl palmitate is a fat-soluble form of vitamin C, where ascorbic acid is linked to palmitic acid.

People cannot produce vitamin C themselves and must take this nutrient with food.

### **In the human body, vitamin C contributes to:**

The protection of cells against oxidative stress and the regeneration of the active form of vitamin E.

The normal formation of collagen for the normal functioning of the blood vessels, cartilage, bones, skin, teeth and gums.

The normal functioning of the immune system and ensures good resistance.

A normal energy-yielding metabolism and reduction of fatigue.

The normal functioning of the nervous system and normal psychological function.

The intake of iron from the diet.

### **Ingredients and% Reference Intake per 2 level scoops:**

Ascorbyl palmitate powder 2.8 grams

2.8 grams of Ascorbyl palmitate provides 1184 mg of vitamin C (= 1480% RI) and 1616 mg of palmitic acid).

**Excipients:** no.

### **Usage and warnings:**

As a rule, adults take 1 level measuring scoop (1 level measuring scoop = 1.4 grams of powder) twice a day, unless otherwise advised by an expert. This product is not soluble in water and is therefore best mixed with food (for example, biogarde or yoghurt). Do not exceed the recommended dosage. Keep out of reach of children. Do not use in case of hypersensitivity to one of the ingredients in this product. A dietary supplement is not a substitute for a balanced diet.